



Membership Application

Professionally trained colonic hydrotherapists are eligible to join IPCH for full membership if:

- They have trained with an IPCH approved teacher who is following an IPCH validated syllabus and received an independently awarded certificate from an IPCH recognised examiner
- They are fully insured for professional mal-practice
- They have agreed to the code of practice and ethics
- They have filled and signed a self-inspection form related to their professional set up for inclusion on the IPCH web-directory (Annex A)
- They are committed to maintaining continuous professional development Annex B)
- They have proof of basic emergency first aid knowledge either through a medical or nursing background or a valid certificate in Emergency First Aid

Or

- They have trained with a non-IPCH approved trainer but have been in professional practice for 2 years minimum and satisfied the requirement of the IPCH board by:
 1. Submitting 3 case studies (Annex C)
 2. Have been observed giving a treatment by an IPCH approved member and satisfied their requirements (Annex D)
- They are fully insured for professional mal-practice
- They have agreed to the code of practice and ethics
- They have had their premises inspected by an IPCH approved member
- They are committed to maintaining continuous professional development
- They have proof of basic emergency first aid knowledge either through a medical or nursing background or a valid certificate in Emergency First Aid

Colonic hydrotherapy students are eligible to join IPCH for licentiate membership if:

- They are under current supervision from an IPCH approved teacher
- They are fully insured for professional mal-practice
- They have agreed to the code of practice and ethics
- They have filled and signed a self-inspection form related to their professional set-up

Anyone is eligible to join IPCH for affiliate membership and support the work and ethics of IPCH

Membership benefits

- Professional practice advertised on the IPCH official website www.ipch.org.uk with the letters RCT (Registered Colon Therapist) for full-member or Und Sup (under Supervision) for licentiate members
- Access to the IPCH logo for use on professional literature and advertising
- Access to a discounted IPCH block scheme for professional mal-practice insurance with [Balens Specialist Insurance Broker*](#)
- Access to [a team of IPCH affiliated experts](#) for on-hand professional support and advice
- Specific discounts and privileges which have been negotiated on IPCH member's behalf and may vary from time to time
- Access to a closed group forum on Face Book for sharing and support on professional practice and personal health journey
- Annual conference

It is also possible to support the work and ethics of the IPCH by joining as an affiliate member. Anyone with in interest in Colon Hydrotherapy can join and the benefits are as follow:

- Access to a team of IPCH affiliated experts for on-hand professional support and advice (see website for who they are and their expertise)
- Specific discounts and privileges which have been negotiated on IPCH member's behalf and may vary from time to time
- Access to a closed group forum on Face Book for sharing and support on professional practice and personal health journey

* For the purpose of insurance only, The Institute of Professional Colon Hydrotherapy Limited is an Introducer Appointed Representative of Balens Limited, Bridge House, Portland Road, Malvern, Worcs., WR14 2TA, UK, who are authorised and regulated by the Financial Conduct Authority.

Membership Application Declaration

Colonic hydrotherapy is a complementary treatment based on the naturopathic principles of health and disease. As a practitioner of colonic hydrotherapy I am not qualified to diagnose or treat pathology, I therefore treat the person not the disease. Knowledge of pathology and drugs although useful is not a substitute for referring my client back to the GP, when in doubt, and is in no way a licence to give medical advice.

Please tick:

- I am familiar with the [contra-indications](#) and when necessary I seek medical approval
- When relevant I take blood pressure before agreeing to give a colonic treatment
- I ensure my clients sign a consent form (Annex E) prior to their treatment
- I do not treat children below the age of 15 years without written medical consent
- I only treat minors with the signed consent of their guardian (Annex F) and with their guardian present at all time
- I have read and follow the guide lines stated in the [code of ethics and practice](#)
- My room set up, plumbing and licensing are in accordance with approved guide lines for gravity fed system (see Annex G) or the manufacturer's guide lines for pressurised system
- My plumbing is in accordance with my local water-board authority
- My premises comply with [Health and Safety Laws](#)
- I only use disposable speculum packs that include disposable waste and inlet tubes in my practise. If I use latex gloves I have alternative vinyl gloves in case of latex allergy
- I maintain impeccably clean standards of hygiene in my treatment room and dedicated toilet area
- I maintain my equipment rigorously clean by disinfecting my tank at least once per week and the last stage tubing and enema bag at least once per day (more if herbal implants are used). Milton, in accordance with the manufacturer's instructions, is an acceptable disinfectant
- I keep my water filters changed regularly in accordance with the manufacture's guidelines.
- I dispose of my clinical waste safely (clinical waste disposal scheme/yellow bag)
- I maintain Professional Indemnity Insurance at all time
- I practise mindfully and I am committed to Continuous Professional Development in order to remain up to date with my professional practice (provide evidence: Annex B)
- I have a Basic First Aid up-to-date Certificate (please provide evidence)
- I have no Criminal Record (you may be asked to provide evidence with a [Police Certificate](#))

I comply with the above and apply for membership to the I.P.C.H

Name_____

Signature_____

Date_____



Annex A:

Premises Self-Inspection Form

Tick where compliant to guide lines; leave blank where not compliant to guide lines and give explanations in space provided

WAITING FACILITIES

- Arrangements available so that clients may wait in comfort.
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TREATMENT ROOM

- Floor areas subject to accidental soiling are washable
 - Walls and other surfaces around the waste and couch are easily cleanable.
 - The treatment room is adequately ventilated.
 - The vertical distance between the top of the mattress and the tank outlet spigot is no less than 650mm (26").
 - The vertical distance between the mattress top and the upper level of water in the feed tank is no more than 1300mm (51").
 - An enema bag is fitted for colonic implant with the required 3 clamps and Y connector.
 - Water is adequately heated and temperature is easily controlled during the treatment.
 - A suitable water filter is fitted.
 - If bespoke equipment is used it is plumbed in accordance with the manufacturer's instructions and meet local regulations, it is maintained thereafter as recommended.
 - The treatment couch is safe, at least 760mm (30") wide and has a smooth impervious surface in good repair.
 - Washable/disposable covers are used on the couch.
 - Disposable incontinence pads are used for every treatment and additional pads are easily accessible to ensure hygiene and comfort in case of leakages.
 - Facilities are available for towels, incontinence pads, tubing, etc. to be safely and tidily stored.
 - Ambient heating is available (if electric heaters are used near wet area, they must be wall mounted and double-earthed. The same applies for cooling fans. Gas heaters should have adequate ventilation as required by law.
 - A sink with hot and cold water supply and adjacent work surfaces is available.
 - The treatment room is impeccably clean.
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CHANGING ARRANGEMENTS

- Facilities for hanging cloths and keeping belongings secure are provided.
 - Facilities are made available for changing.
 - Clean gown or towels are provided.
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TOILET FACILITIES

- A toilet is conveniently located near the treatment room and reserved exclusively for the client's use during colonic treatment.
 - A lidded waste bin, for the disposal of sanitary towels and soiled articles is provided.
 - A sink with soap and clean hand drying facilities are provided
 - A bidet or wet wipes are provided.
 - There is adequate ventilation.
 - The toilet is impeccably clean
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GENERAL

- Single-use non-sterile (latex or preferably vinyl to limit allergic reactions) examination gloves are used for treatments.
 - A suitable lubricant is used for digital/speculum insertion
 - Single use disposable tubing and speculum are used.
 - Soiled materials and tubes are disposed of through an orange bag collection system.
 - Tank, connecting tubing and enema are impeccably clean.
 - Filter cartridge is replaced regularly.
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PERSONAL HYGIENE

- The therapist wears a clean uniform
 - The therapist keeps hair tidy and away from face
 - The therapist wears short sleeves and no jewelry on hands and arms
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RECORD TAKING

- A consulting area is available for the taking of every client's case history (including medical history) in privacy, and for any relevant physical examinations.
 - A consent form is signed by the client prior to commencing the treatment.
 - Confidential records are stored in a safe and lockable cabinet.
 - Records are kept for a minimum of 5 years.
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Name of inspector: _____ Date of inspection: _____

Annex B:
Continuous Professional Development self-assessment Chart

Continuous: Ongoing life long process of learning from the point of basic qualification

Professional: Related to your therapy and its issues; towards working in a professional manner

Development: Facilitating the progress of your profession's credibility and identity

Please use the chart below to assess your own efforts. Activities can be courses, conferences and lectures you have attended or reading relevant books, news letters and published papers. You cannot give more than 5 points to any one of those activities even if you spent longer on it.

Also relevant is meeting with a colleague to discuss your professional experience, practice supervision or receiving a complementary therapy treatment. You cannot give more than 2 points to any of those activities even if you spent longer on it.

Current guide lines on CPD hours are at least 30 CPD hours a year.

Record of C P D activities for period: from _____ to _____

Activity number	Date	Time spent	Activity description	Personal Benefit	CPD Value
Example	2 nd Jan 2017	1 hour	Watched a seminar on you tube hosted by Dr Mercola on light and lighting and its relevance to cellular health	I learnt that LED lighting is highly detrimental to health and eyesight. I will be modifying the light in my treatment room and passing on the information to my clients	1



**Annex C:
Guide Lines for Case Study Submission**

Name: _____

Date: _____

Case study number: _____

Contra-indication, symptoms and life style assessment

Blood pressure assessment (type of equipment and/or questionnaire)

.....

Reasons for seeking help through colonic hydrotherapy

Detailed information on bowel habits

Consent form explained and signed

Description of diet and lifestyle

.....

Description of Symptoms

.....

Relevant information on history of symptoms

.....

Recommendations in the treatment and management of symptoms

Dietary and lifestyle recommendations

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Nutrition and supplements

Explanations and reasons for making the above recommendations

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.....

Follow up treatments

Assessment of symptoms on **second treatment**

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Assessment of dietary changes and supplement taking on **second treatment**

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Assessment of symptoms on **third treatment**

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Assessment of dietary changes and supplement taking on **third treatment**

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Treatment description

Colonic **treatment one**

.....

Colonic **treatment two**

.....

Colonic **treatment three**

Annex D: Colonic treatment assessment

Rapport building and communication (15 %)

- General contact – Body language – Eye contact manners – 5 %
- Active listening – Non judgement – Avoiding the use of four letter words (should-must-good-bad) (10 %)

Case history taking and Advice giving (35 %)

- Pertinent questions - Digging for chronicity – Avoiding repetitive questions (10 %)
- Questionnaire interpretation and treatment plan - Useful information – Practical client related advice and suggestions for maximum compliance (25 %)

Colonic procedure (50 %)

- Digital examination speculum introduction (15 %)
- Water temperature / pressure control etc. (5 %)
- Colonic treatment and awareness of client's discomfort. Ability to respond quickly and effectively to the situation (20 %)
- Termination of treatment and disposal of tub and cleaning (10 %)

Annex E
Consent Form

I :

agree to a digital examination and colonic irrigation treatments.

To the best of my abilities I have informed my therapist of any medical conditions, medication and passed surgery, which could affect my treatment. I understand that colonic irrigation is part of an overall approach to diet and lifestyle and is not a medical treatment.

The medical conditions and medications which are contraindicated with colonic irrigation are :

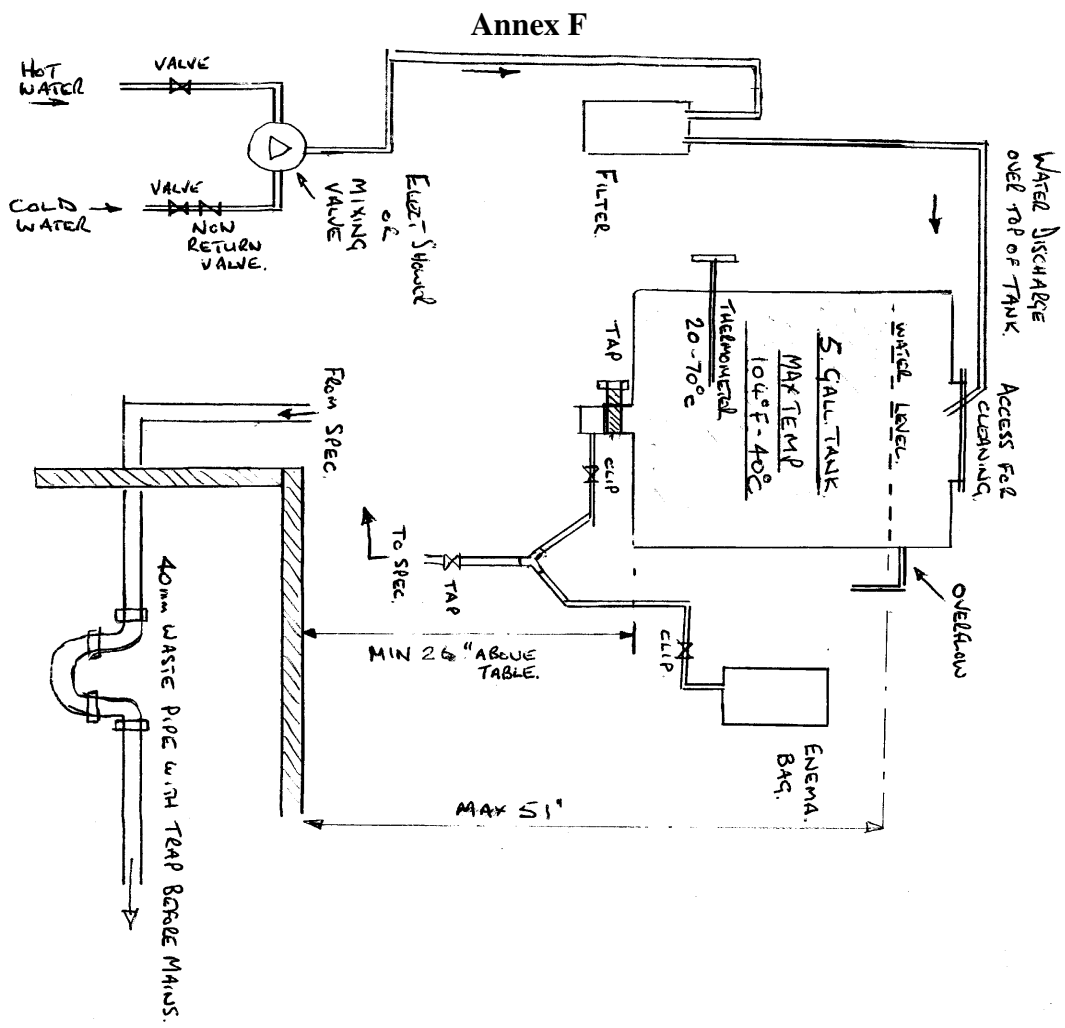
- Recent surgery to the bowel, rectum or abdomen (less than 12 weeks)
- Abdominal or inguinal hernia
- Sever/inflamed haemorrhoids
- Sever/inflamed fissures
- Fistulas and bowel perforation
- Cancer of the rectum or bowel
- Small and Large Bowel Obstruction
- Inflammatory Bowel Disease (Chron's disease; Ulcerative Colitis; Diverticulitis)
- Mega Colon (Hirschsprun's disease)
- Blood pressure above 160/100
- Heart disease
- Kidney disease
- Severe Anaemia
- Liver and Gall Bladder disease
- Pregnancy
- Spinal injury above T6
- Oral/rectal steroids and diuretics (other than those used to control hypertension)

I have informed my therapist of possible latex allergy

Name

Signature

Date



COLON HYDRO - QUALITY SYSTEM SCHEME.

NOTES.