## The following contraindications are subject to on-going review

## ABSOLUTE CONTRA-INDICATIONS

Recent Laparoscopy (less than 6 weeks)

The following are industry agreed relative contra-indications. The suitability of the treatment remains specific to the individual and must be assessed by a professional Colonic Hydrotherapist

## RELATIVE CONTRA-INDICATIONS

Anal tear and haemorrhoid(s) if DRE reveals potential intolerance to speculum

Chemo-therapy and cancer treatments known to cause inflammation, infections, anaemia and general weakness – *CHT's should work with the medical team* 

Controlled hypertension and a prescription for diuretics

Debilitating heart, liver and kidney diseases manifesting pain and weakness

Diabetes - Risk of Hypoglycaemia; client advice should be given in preparation for treatment

Diverticulosis within 3 months of episode of diverticulitis

Highly anxious, stressed or emotional

Hypotension (less than 90/60)

Fissure

Inflammatory Bowel Disorders in remission for a minimum of 6 months

Inguinal Hernia

Long term Oral or Rectal Steroid - Risk of reduced bowel integrity

Recent (within 6 months) hip/knee joint surgery will need to establish mobility and if client can lie on their left side.

Severe underweight or Eating Disorders

**Tight Sphincter**