



Medical Training (degree or equivalent) or Complementary Therapy (Minimum ITEC level 3 or equivalent)

No

Anatomy & Physiology RQF Level 3 minimum

No

Verified training in Anatomy and Physiology 120 study hours minimum

Yes

Yes

Massage/bodywork experience

No

Introduction to Massage "Access to level 3" or equivalent (21 contact hours minimum)

Yes

Student connects with ARCH approved practitioner(s) for supervised practices (Minimum of 5) Number is in relation to the student's needs and experience (10 contact hours minimum)

Valid 1st AID 7 contact hours

IPCH Course 8 days (80 contact hours) 10 supervised practice sessions minimum all with medical pre-assessment (3 to include a full cases history, consultation and prescription)

Written Assignment 20 hours guided learning

After 15 practices A Certificate of Completion gives access to Student's Insurance with Balens

Advanced CPD modules available to students and graduates (4 hours direct learning each)

- Visceral massage
- SIBO
- BTS Laboratory testing
- The microbiome

Feed-back from tutor on assignment (4 contact hours) 101 course hours of direct learning

Estimated home study time to exam 130 hours

Student collates and submits 3 full case studies of 2 treatments 6 hours of guided learning

Direct feed-back from tutor on case studies (1 hours)

INDEPENDENTLY ASSESSED EXAM ARCH Approved

- Written Exam 2 hours
- Practical exam 2 hours
- Course study time 110 hours
- "Safe and Competent" practitioner
- Estimated study time 400 hours

IPCH DIPLOMA

Access to Professional Indemnity Insurance

Registration with ARCH available on application